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Eileen Rockefeller Growald is an author, speaker, and venture philanthropist. Her recent memoir, *Being Rockefeller*, becoming herself, detailed a journey to find herself among one of America's most legendary families. Eileen's newest literary work, the debut choice of poems called *Space Between*, invites you to a more personal place of pause and reflection. Eileen is a visionary catalyst in mind/body health, social and emotional learning, and innovative philanthropy for clean energy. As the founder of the Institute for Health Development in 1981, she pioneered the broad acceptance of mind-body interactions in health and disease. She foresaw the associated need for social and emotional learning (SEL) as an integral part of education, prompting Daniel Goleman's bestseller, *Emotional Intelligence*, and co-founder of CASEL (Collaboration for Academic, Social and Emotional Learning) in 1994. She and her husband, Paul, founded the Growald Family Foundation in 2007 to help reduce climate change by shifting the energy sector to clean alternatives. She also started two nonprofits to protect some of Vermont's most beautiful open and agricultural spaces, and helped launch a pilot training program in Vermont promoting kindness and compassion among health professionals. Eileen was the founding chairman of Philanthrop Rockefeller Rockefeller Advisors (2000), and served as the longtime chairman of her family's generations association. Eileen is also a board member of the David Rockefeller Foundation. She speaks internationally on themes related to heritage, family and philanthropy, leading discussions around the values that helped preserve the seven-generation Rockefeller's. Eileen is the youngest daughter of David and Peggy Rockefeller, and the first daughter of John Rockefeller. She has two adult sons and lives with her husband on an organic farm in Vermont. She received her bachelor's degree from Middlebury College in 1974 and a master's degree from Leslie College in 1976. Eileen Rockefeller GrowaldBornEileen Rockefeller (1952-02-26) February 26, 1952 (age 68)U.S. Alma materMiddlebury CollegeOccupationPhilanthropistSpouse (s) Paul GrowaldChildren2Parent (s) David RockefellerMargaret McAulotin Rockefeller (born February 26, 1952) is an American philanthropist. She is the youngest daughter of David Rockefeller and Margaret Peggy McGraith. Eileen is a member of the fourth generation of the Rockefeller family, commonly known as Cousins. Her older siblings Abby, Richard, Neva, Peggy, and David Jr. attended Chapin School in New York and graduated from Oldfields School in Maryland. She received her bachelor's degree from Middlebury College in 1974 and a master's degree in preschool from Leslie College in 1976 in collaboration with Shady Hill School. In 1982, she founded and was president of the Institute for Development mainly to scientifically understand the interactions between the mind and the body in And diseases this topic has evolved into what is now called emotional intelligence. In 1992, she co-founded the Collaboration in Academic, Social and Emotional Learning (CASEL) program. In 2000, she and her husband, Paul Growald, founded the Champlain Valley Greenbelt Alliance (CVGA), a local nonprofit organization to protect greenbelts along major corridors in Vermont. They have two sons, Daniel and Adam. Growald, who describes himself as a venture philanthropist, is also the founding chairman of Rockefeller Charitable Advisors, established in New York by various family members in 2002. The largest advisory service of its kind, its current chairman, Kevin Broderick, who served on the Board of Rockefeller Financial Services and took over as chairman of Rockefeller in 2005. Its mission is to create thoughtful, effective philanthropy around the world. Growald was also closely associated with The Geier School when she was based in Shelburne, Vermont, where she lives in Vanderbilt's former estate, Shelburne Farms. After her brother David Rockefeller Jr., she is seen as the leader of the fourth generation of the family, whose main funding priorities are to reduce the threat of nuclear war. The 2014 bibliography, *Being Rockefeller, Becoming Yourself: Memoirs* See also the Rockefeller family David Rockefeller David Rockefeller Jr. Links McElwain, Sandra (September 15, 2013). Reluctantly Rockefeller says. *A daily beast*. Retrieved on September 23, 2014. Eileen Rockefeller (October 15, 2013). Singing the morning star. *Being Rockefeller* is the subject of discussion of the book. PR 14-023. Library of Congress - News from the Library of Congress. February 3, 2014. ISSN 0731-3557. Received on February 4, 2014. External Links Rockefeller Charity Advisors (RPA) website Entrepreneurial Spirit: Three Centuries of Rockefeller Family Charity This 2005 PDF document contains the history and philosophy of Rockefeller Philanthropy, organized by Rockefeller Charity Advisors (RPA), founded and formerly headed by Eileen Growald and established in New York in 2002. Cousins 1984 The New York Times article about cousins and the transition of power to the fourth generation. Collaboration for Academic, Social and Economic Learning (CASEL) This biographical article about a United States activist is a stub. You can help Wikipedia by expanding it vte extracted from EmailShareTweetPin3LinkedIn BY L.A. PomeroyPHOTOS BY ELiving Magazine great-granddaughter John D. Rockefeller learned as a child that while wealth and fame could open any door, they couldn't buy a sense of personal value. She deserved it herself. Fine horse breeders designate a heritage by incorporating the name of an exceptional sire into that of its offspring. The pedigree, among riders, is a source of pride blood. And in the family. Taking the reins to his own identity as an author, author, Morgan philanthropist and enthusiast Eileen Rockefeller Rastyald is the great-granddaughter of Standard Oil founder and first American billionaire John Rockefeller Sr., granddaughter of philanthropist John D. Rockefeller Jr., the niece of the Governor of New York and Vice President Nelson Rockefeller; both the sixth and youngest child of Chase Manhattan Bank CEO and Museum of Contemporary Art patron, David, and wife Peggy Rockefeller learned to use their legendary line in driving force for emotional and environmental good. Assuming Rockefeller's mantle, Eileen told The Daily Beast last September, I felt subsumed by the monster advances that passed before me. One of the fourth-generation Rockefellers, known as cousins, she became the first woman to write about growing up in a family circle of unprecedented wealth and privilege. Her new 336-page autobiography, *Being Rockefeller Becoming Yourself*, tells the story of a journey of self-fulfillment by a voice focused on assessing simple treasures throughout vast fortunes: family, nature, and devotion to animals. Twenty years ago, Eileen, her husband and soul mate, Paul Growald, and their sons, Adam and Danny, avoided a cosmopolitan fast lane by moving to a farm in Shelburne, Virginia, where they were a formidable voice for agricultural awareness and environmental protection. I've always wanted to be brought up in nature. Vermont has so much natural beauty, says Eileen. This provides a balance in my life of chosen responsibilities. Acting as its first development director and an early supporter of its sustainable agriculture programs, Eileen is also the honorary director of a 1,400-acre working farm, a former Vanderbilt estate, and a national landmark, Shelburne Farm. The Morgans are inherent in Rockefeller's legacy. (Download PDF Rockefeller Morgans, Sue Greenell) Coincidentally, the cousin of the family patriarch, Chauncey Stillman, founded the American Morgan Horse Association, Eileen's grandfather, John D. Jr., was proud of his driving team and the inspiration from the natural vistas of his transportation drives provided, leading to the purchase and donation of land that makes up many of today's greatest national parks, including Grand Teton, Yellowstone, and Maine Mount Desert Island (Acadia National Park), where the avid Rainsman underwrote and engineered a 50-mile road transportation network. The boulders, or handle stones, edging its routes known locally as Rockefeller Teeth. In a 2009 interview with The Morgan Horse called Rockefeller Morgans, her father, David, said: We've always had Morgans. My father (John D. Jr.) became interested in breed as a driving horse. We have kept this tradition. David is now 98 years young and has 6 Morgans and 30 carriages. He tries to find time to drive horses daily. Eileen and her siblings are credited with the daily drives of their to preserve his vivacity. It's the best of for him to do, she says. It kept him young. Her mother, Peggy, passed away in 1996, but not before sharing her love for the Morgans and nature and organizing the invitation discs at the family's estate in Westchester County, New York. David had a carriage trail, the Peggy Way, named after her, and the century-old Rockefeller State Park road network, designed by John D. Sr. and John D. Jr., still complement the natural landscape that the family loved, and showcase historical attributes such as the first triple-arch bridge in America. Eileen also found her place in Morgan's world. Eileen's late mare, DKS Malachy, gave birth to a daughter, Meg, in 2001 (influenced by her father's beloved stallion David, Saddle Sea King) and gelding, Lucky Jam, in 2005 (by Longview Sundance)Eileen has been raising both half-siblings since their birth to drive and drive. She won the half-mile trot race at Vermont's Morgan Horse Heritage Association Days Morgan Shaw and rode Meg and Malachi in the Morgan Mile trot races in Brookfield, Virginia, where the foundation rocks of The Sire, Figure, once competed. It was our first show ever, she recalls. When Malachi won the Royalton Ashline Perpetual Trophy, it was a huge thrill. Personally, Eileen has hit her stride as a pioneer championing health and emotional issues. I found my purpose as a catalyst and a connector of people and ideas, she says. In 1982, she founded the Institute for the Advancement of Health, which brought a scientific understanding of the relationship between mind and body in health and evolved into what is now called emotional intelligence. She co-founded The Collaborative for Academic, Social, and Emotional Learning, co-chairs of her family's generations association, and is the founding chairman of Rockefeller Philanthropy Advisors (the largest advisory service of its kind) and the Growald Family Foundation. Last winter, when the Chinese year of the horse began, she shared on her blog EileenRockeller.com: I have the great privilege of raising and training two Morgans to drive and drive. In winter I take them with my sleigh, complete with bells around my neck. In front of cars, people in the northern climate carried themselves in winter by sleight. They put on bells to be heard while driving in the dark. Each horse and owner showed their own sound. Sound.

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